Story Map a Personal Narrative

Let's Consider a Conflict...

Just like fictional stories, personal narratives involve some kind of a problem, or conflict. Personal narratives are filled with feelings and emotions that often change throughout the story.

Problems you could relate to:

A time when you felt really uncomfortable A challenge of learning something new Getting through a tough time in your life Something unexpected happened

Feelings and Emotions:

strict	unsafe	playful	surprised	ridiculous
foolish	misunderstood	excluded	reassured	weighty
silly	distraught	unhappy	encouraged	uninspired
determined	elevated	nervous	courageous	

Brainstorm!

Directions: Use the space below to brainstorm some ideas from your own life. Try to think of an instance where you experienced each type of problem described above and describe it below. Then write two or three feelings or emotions you felt during each experience. You can use the ideas from the box to help you, or come up with your own.

1.	Once, l felt uncomfortable when		
Fee	eling:	Feeling:	Feeling:
2.	I had to learn something new and		
Fee	eling:	Feeling:	Feeling:
3. I was going through a tough time, but eventually things got better when I			
Fee	eling:	Feeling:	Feeling:



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4. I remember being completely surprised when		
Feeling:	Feeling:	Feeling:
 I remember feeling completely misunderstood when 		
Feeling:	Feeling:	Feeling:
6. Things weren't so easy when		
Feeling:	Feeling:	Feeling:

Tell Your Tale

Using any of the story maps, write your personal narrative from beginning to end. Begin your story in the moment that the experience began in your life, imagining you are looking at the experience through a microscope and describing every detail as it happened. Describe the problem, action, and the feelings you had from moment to moment, so your readers can create a movie of your experience in their minds as they read your narrative. Describe what you were thinking about during the experience and how the experience ended.

Title:

